Scripture Memory and Prayer: *The Secret to Life-Change is Long Obedience in the Same Direction*

Start Date: _____

Quiet Time (day 1) →
(day 43) →

Porn-free Purity (1)→
(day 43)→

Directions: Each box represents one day of review. Quiet Time and Purity columns are consecutive days. If you miss a day, leave that space blank

Scripture Memory: Add 2 new verses a week (at least) and repeat them each day from memory. Say the verse reference first, then the verse and finish by repeating the verse reference.

Reflections: